



2011 Smart Start Parent Trainings!

Title	Date & Time	Description	Trainer
Does Your Childcare Measure Up?	Tuesday, January 11th @ 6:30 PM	Come to find out what quality child care is and what you should be looking for at your child's center.	Erin Beck Parent/Classroom Specialist
Everyday Activities for School Readiness	Tuesday, February 15th @ 6:30 PM	Put away the flashcards and work books; make school readiness fun!	Megan Ewing Parent Specialist
Causes of Misbehavior	Tuesday March 15th @ 6:30 PM	Why do some children rely on challenging behavior while others use more effective ways to get what they want?	Renee Beeker Behavior Specialist
Sleep	Thursday, April 7th @ 6:30 PM	How do I get my child to sleep in his own bed? What can I do to avoid bedtime meltdowns? Join us to learn the answers to these questions and more!	Bleasha Carroll School Readiness Program Coordinator
Challenging Behavior	Tuesday, May 10th @ 6:30 PM	Join us for a discussion about dealing with challenging behavior. Come with questions!	Suzanne Koontz Play Therapist
Avoiding Delays	Thursday, May 19th @ 6:30 PM	Do you ever question if your child's development is on track? Learn what to look for and ideas to help your child develop to their fullest potential!	Erin Beck Parent/Classroom Specialist

All classes are at the Smart Start office– 235 East Center Street, Lexington

**** To register for classes, please call (336) 249-6688****