

NEWS RELEASE

For Immediate Release

Date: July 20, 2010

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Surviving Parenthood: Parent Training Series

Starting in August Smart Start of Davidson County will kick off a series of parenting trainings. The first training in the series will be on Tuesday, August 17th and will focus on building a personal relationship with your child. The title is “Love Languages” and is based on the theories of Dr. Gary Chapman. The training will be held at the Smart Start Office at 235 East Center Street in Lexington. All trainings begin at 6:30PM.

Other topics in the series will include: Why Play is so Important, Bringing the Outdoors In, and Using Everyday Activities for School Readiness. For a training schedule or more information, please call (336) 249-6688.